



## The inaugural Breakaways Women's Pre-season AFLX Challenge

**Carnival & Clubs Picnic: Sunday 10 March 2019**

### **INFORMATION KIT – V2 (Amended 6 March 2019)**

- Holroyd-Parramatta Goannas
- Macquarie University
- Newtown Breakaways
- Pennant Hills Demons
- Southern Power
- St George AFL
- Sydney University Women's AFL
- UNSW Bulldogs
- UTS AFC
- Western Magic
- Wollondilly Knights
- Wollongong Saints

#### **Welcome Players, Officials, Coaches, Partners and Friends,**

**Congratulations on nominating your Club to play in the inaugural Newtown Breakaways Pre-season Women's Challenge. We have attracted 13 Clubs/18 teams to this tournament and we thank you for this dynamic demonstration of the growing strength of Women's AFL community.**

The Challenge was developed in response to the identified need for clubs to secure competitive pre-season trial games; to test new players and provide a real game environment beyond clubs internal training. Clubs are also seeking to build the capacity and skills of volunteers for club game day officials by providing game day training and experience.

We have been supported in the development of this project by AFL Sydney. For 2019 we have chosen the AFLX format to ensure maximum participation with two fields and two pools operating on the day.

The Breakaways designed the Challenge event as a Carnival & Clubs Picnic to encourage comradery amongst the women's clubs and players while still engaging in competitive football. We encourage teams to spread the story about women's AFL. Use the promotional material with your club logo and bring you friends, team mates and support your team - bring a marquee, picnic and picnic rugs - enjoy the day.

The Inaugural Pre-season challenge has been made possible with support of the Inner West Council, AFL Sydney and commercial supporters including ISC

We thank everyone who is participating or part of our organising team - we are all the women's AFL.

**Ingrid McLanders,  
President Newtown Breakaways**



## The following details are provided to assist Clubs/Team participation in the day.

### GENERAL PRACTICAL DETAILS

#### Date:

- Sunday 10 March 2018

#### Timing:

- Bump in from: 7:45am
- Pre-Games Briefing: 8:45am
- Games Commence: 9:00am
- Games & Presentations Conclude 6:30pm

#### Where:

- Mahoney Oval, Marrickville
- Cnr Wharf St & Illawarra Rd Marrickville
- Google Link: [Click Here](#)
- ***See Location Map – Attached***

#### Parking:

- We encourage Car-pooling wherever possible to reduce the likely strain on local Car-Parking
- Parking is available in Steel Park Car Park (Illawarra Rd) plus on-street parking. Please pay attention to Council parking signs and do not obstruct resident driveways.

#### What to bring:

- Marquee (some form of sun shade) – an allocated provided for each registered club
- Club playing uniforms.
- Club Goal Umpires & Officials
- Goodwill and community spirit

#### Catering & Bar/Picnic

- Breakaways will provide BBQ catering, soft drinks
- The Salisbury Hotel will operate a Bar on the day
  - Please note: Our licence does not permit BYO alcohol
- A coffee Cart will be available
- On site facilities are limited at Mahoney but we encourage clubs to bring their own picnics etc and make a day of it.

#### Presentations & Finals

We encourage all teams to be in attendance for the presentations. Prizes are significant and the level of support for the project has been significant. We ask that clubs respect the presenters, speakers and winners with their presence and attention.

#### After Event Function

The Salisbury Hotel, Percival Street, Stanmore is the official “Gold” sponsor of the Breakaways will host the “Official” After Event party.



## CLUB/TEAM SPECIFIC DETAILS

### Game Day Schedule:

- **See attached**

### Team Arrival & Registration

- Bump in from: 7:45am
- Register attendance at "Check-In" Registration & Medical Booth
  - **Note:** Club/Player Zone Location will be provided on Registration
  - **Note: Teams who have not paid registration are not eligible to play**
  - **Note:** No Club Vehicles are permitted on Mahoney
    - arrive early to ensure close street parking & reduce distance to carry marquees etc.
- All Morning Pool Teams – must be available for 8:45am Briefing

### What is provided for the AFLX Challenge

- Grounds, Ground Management, Scheduling, Time-keeping
- Field Umpire(s)
- Emergency medical
  - Note: Clubs are expected to bring their own trainers & physio & relevant medical team
- Ice & water
- Canteen and bar will be in operation throughout the day

### What is required by participant Clubs

- **Goal Umpires** (Clubs are required to provide a Goal Umpire for each game they participate [incl Finals])
- **Team Sheets:**
  - 7 Copies of each Team Sheet
    - Please provide to Ground Manager (Check-in/Medical Booth) on arrival
  - Team sheets are the same as any home/away game – AFL have set up the Challenge in Footy Web.
    - Both Competitions are now set-up and live on:
      - <http://sydneyafl.com.au/fixtures-and-results/> under the 2019 season.
- Water & drink containers (water bottles)
- First aid kits / Strapping tape
- Playing Guernsey's & Clash Guernsey (if required)

### Team Change & Coaches Team Talk Facilities (See site map)

- Change Rooms will be available utilising the following process:
  - Note teams should allow time to get to the Field for the commencement of each game.
  - Home: team listed 1<sup>st</sup> / Away: team listed 2<sup>nd</sup>
    - Field 1 Games: 1<sup>st</sup> Half of the preceding game
    - Field 2 games: 2<sup>nd</sup> Half of preceding games

### Warm Up Zones (See site map)

- Shared Warm Up Zones will be available utilising the following process:
  - Note teams should allow time to get to the Field for the commencement of each game.
    - Field 1 Games: During the preceding game: Zone A
    - Field 2 games: During the preceding games: Zone B



**Prizes:**

Prizes have been supported by the Breakaways Challenge Registration Fee, AFL and ISC. The following prizes will be awarded

- Grand Final Winners – Club Prize for each Pool
  - \$750 Cash/Cheque
  - \$500 ISC Vouchers for Club Specific Team Wear (supported by ISC)
  - Perpetual Shield (to be returned for next year’s Challenge)
- Grand Final Runner Up – Club Prize for each Pool
  - \$250 Cash/Cheque
- Grand Final “Most Valuable Player” for each Pool
  - \$100 Cash/Cheque
  - Engraved Trophy

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**Promotion**

The Newtown Breakaways have included promotional material for circulation:

- PDF Leaflet
- Jpg Graphic – footer for emails etc
- Jpg Graphic – Social Media
- #BreakawaysPreseasonChallenge2019


We have included your logo in the promotion and encourage you and your team to get behind the project. Bring your friends, fellow team mates (male & female) to witness this unique inaugural event and cheer on your team.

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**Further information:**

Contact the Breakaways Challenge Project Team:

<b>Project Manager:</b> Peter Tregilgas 0400 191 054 <a href="mailto:peter@tregilgas.com">peter@tregilgas.com</a>	<b>Ground Manager</b> KristieFox 0433 109 575 <a href="mailto:kristiefox@live.com">kristiefox@live.com</a>	<b>Catering &amp; Services</b> Paulette Andersson 0405 623 070 <a href="mailto:Pna70@hotmail.com">Pna70@hotmail.com</a>
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	<b>Newtown Breakaways Football Club Inc</b> <a href="http://www.newtownbreakaways.com">www.newtownbreakaways.com</a> – W <a href="mailto:contact@newtownbreakaways.com">contact@newtownbreakaways.com</a> – E @NewtownBreakaways – FB/I PO Box 923, Newtown, NSW 2042 ABN: 2495 9007 274
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HJ Mahoney Oval,  
Cnr Wharf St & Illawarra Rd, Marrickville

[Google Map Link:](#)

Sunday 10 March 2019





## Final– Fixture only & Program Schedule: AFLX Pre-Season Challenge (Updated – 6 March 2019)

### Morning Schedule:

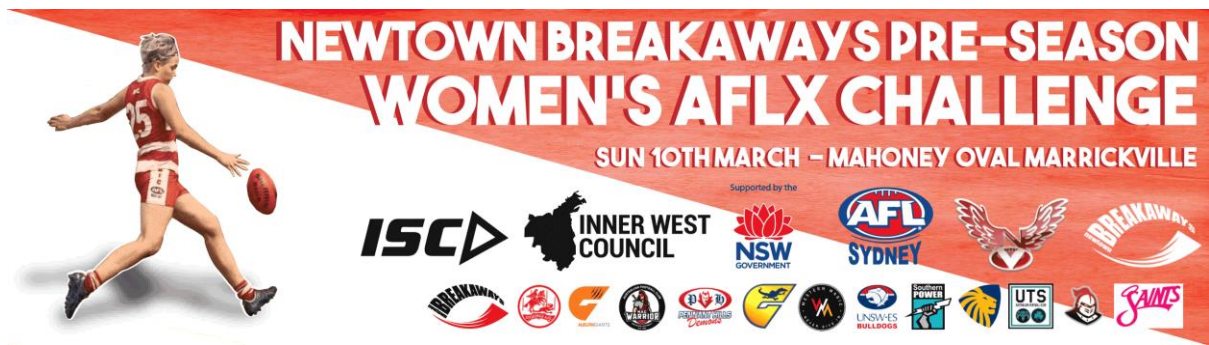
Game	Teams	Field	Time
A1	Newtown 2 v Sydney Uni 2	1	9:00am
A2	Wollondilly v Western Magic	2	9:00am
A3	Goannas 2 v Pennant Hills	1	9:30am
A4	St George v Wollongong 2	2	9:30am
A5	Newtown 2 v Western Magic	1	10:00am
A6	Wollondilly v Sydney Uni 2	2	10:00am
A7	Goannas 2 v Wollongong 2	1	10:30am
A8	St George v Pennant Hills	2	10:30am
A9	Newtown 2 v Wollondilly	1	11:00am
A10	Sydney Uni 2 v Western Magic	2	11:00am
A11	Goannas 2 v St George	1	11:30am
A12	Pennant Hills v Wollongong 2	2	11:30am
<b>A13</b>	<b>1 v 2 in grand final</b>	<b>1</b>	<b>12:15pm</b>

12:50pm: Welcome to country  
 12:55pm: Speeches/Thanks  
 1:05pm: Presentations & Photos Morning Pool

### Afternoon Schedule:

Game	Teams	Field	Time
P1	UNSW v Mac Uni	1	1:30pm
P2	Southern Power v UTS	2	1:30pm
P3	Sydney Uni 1 v Newtown 1	1	2:00pm
P4	Goannas 1 v Wollongong 1	2	2:00pm
P5	UNSW v UTS	1	2:30pm
P6	Mac Uni v Southern Power	2	2:30pm
P7	Syd Uni 1 v Wollongong 1	1	3:00pm
P8	Goannas v Newtown 1	2	3:00pm
P9	UNSW v Southern Power	1	3:30pm
P10	Mac Uni v UTS	2	3:30pm
P11	Sydney Uni v Goannas 1	1	4:00pm
P12	Wollongong v Newtown	2	4:00pm
	1 <sup>st</sup> progress straight to Final		
<b>P13- Semi</b>	<b>2 v 3 play</b>	<b>1</b>	<b>4:45pm</b>
<b>P14 - Final</b>	<b>Final – 1<sup>st</sup> V winner Prelim</b>	<b>1</b>	<b>5:30pm</b>

6:05pm: Speeches/Thanks  
 6:10pm: Presentations & Photos Afternoon Pool  
 6:30pm: Close –  
 7:00 Post carnival after event - Salisbury Hotel, Stanmore



## Final – Schedule AFLX Pre-Season Challenge

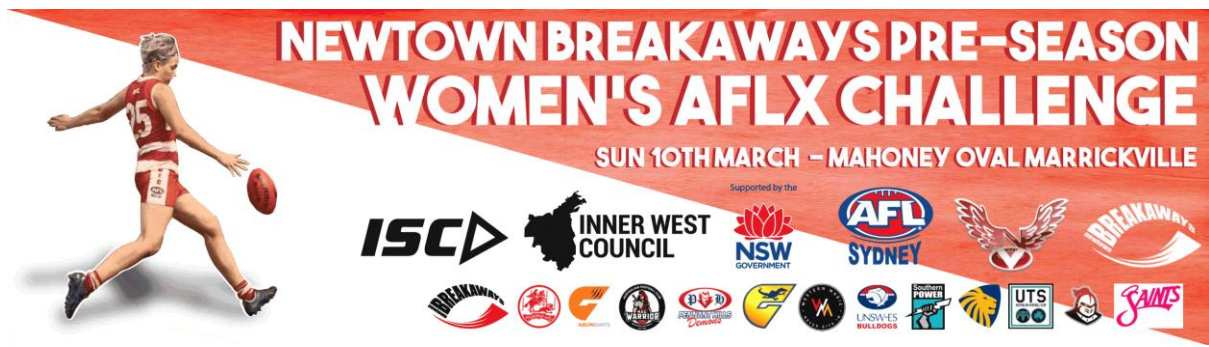
### Morning Schedule:

- 7:45am arrival - Directing Teams / People to designated areas for day.
- 8:45am pre-game announcements & briefing

Morning Pool
Goannas 2
NBFC 2
Pennant Hills
St George
Sydney Uni 2
Wollondilly
Wollongong 2

Game	Teams	Field	Time
A1	Newtown 2 v Sydney Uni 2	1	9:00am
A2	Wollondilly v Western Magic	2	9:00am
A3	Goannas 2 v Pennant Hills	1	9:30am
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<b>A13</b>	<b>1 v 2 in grand final</b>	<b>1</b>	<b>12:15pm</b>

- 12:50pm: Welcome to country  
 12:55pm: Speeches/Thanks  
 1:05pm: Presentations & Photos Morning Pool



**Afternoon Schedule:**

Afternoon Pool
Goannas 1
Macquarie Uni
Newtown 1
Southern Power
Sydney Uni 1
UNSW
UTS
Wollongong 1

Game	Teams	Field	Time
P1	UNSW v Mac Uni	1	1:30pm
P2	Southern Power v UTS	2	1:30pm
P3	Sydney Uni 1 v Newtown 1	1	2:00pm
P4	Goannas 1 v Wollongong 1	2	2:00pm
P5	UNSW v UTS	1	2:30pm
P6	Mac Uni v Southern Power	2	2:30pm
P7	Syd Uni 1 v Wollongong 1	1	3:00pm
P8	Goannas v Newtown 1	2	3:00pm
P9	UNSW v Southern Power	1	3:30pm
P10	Mac Uni v UTS	2	3:30pm
P11	Sydney Uni v Goannas 1	1	4:00pm
P12	Wollongong v Newtown	2	4:00pm
	1 <sup>st</sup> progress straight to Final		
<b>P13- Semi</b>	<b>2 v 3 play</b>	<b>1</b>	<b>4:45pm</b>
<b>P14 - Final</b>	<b>Final – 1<sup>st</sup> V winner Prelim</b>	<b>1</b>	<b>5:30pm</b>

- 6:05pm: Speeches/Thanks
- 6:10pm: Presentations & Photos Afternoon Pool
- 6:30pm: Close
- 7:00 Post carnival after event - Salisbury Hotel, Stanmore



# AFLX Women's Challenge Rules

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As per the Laws of Australian Football with the following variations:

**Game Length (Regular)** 2 x 11 min halves with a 4-min half-time break. There is NO time on.

**Game Length (Finals)** 2 x 13 min halves with a 4-min half-time break. There is NO time on.

**Player Numbers** 7 vs. 7 on the field with 7 players on the interchange. Each team must submit their team sheet 30 minutes prior to the scheduled commencement of Pool Games. This team sheet will cover the whole carnival.

**Interchange** No restriction on rotations.

**Starting Quarters** Centre ball up (as per basketball tip-off). At least 2 players from each team must start inside each 40m arc.

**Marks** As per Law 14.1, however a distance of at least 10 metres (not 15 metres).  
Players are not awarded marks from backwards kicks except in the forward 40m area.  
Players have 5 seconds to move the ball on. 'Play-on' will be called by the umpire after 5 seconds.

**Out of bounds** A free kick will be awarded against the player who last touches the ball prior to it crossing the boundary line.  
Any opponent on the mark must set up at least 5m from the boundary line.  
Players have a maximum of 10 seconds to bring the ball into play once they receive the ball.  
**The ball must be kicked to be brought back into play. A player can kick the ball to themselves into the field of play (similar to a kick in).**

**Scoring** AFLX is designed to be modified based on available resources.  
Players have 20 seconds for a set shot on goal.  
Scoring is not permitted from OOB (including after the siren). Should this occur, a free kick will be awarded to the opposition from where the ball originally crossed the boundary line.

**Super goals** A super goal (10 points) is awarded for a goal kicked on the full from outside 40m. This is signaled by the goal umpire raising both arms above their head.

# AFLX Women's Challenge Rules

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- Kicking In**                      **The ball shall be brought back into play from any score by a kick over the goal line**, only after the goal umpire has signaled a score. Any opponent on the mark must set up at least 5m from the goal line.
- Players have 10 seconds to bring the ball into play after a score once they receive the ball.  
A free kick will be awarded if the ball is not brought into play correctly.
- Deliberate rushed behind** One point shall be awarded and the attacking team awarded a free kick 40m out directly in front for a 10-point shot on goal.
- Bouncing**                        The ball must be bounced every 10 metres (not 15 metres).
- Penalties**                        25m penalties shall be awarded instead of 50m penalties. Should a 25m penalty outside the 40m area result in a shot on goal inside 40m, any goal scored will be a super goal.
- Runner/Water Carries**       Teams are not permitted runners or water carriers. Only medical officials are permitted on the field of play.
- Scoreboard**                      The scoreboard will only show total points but will include a shot on goal count in brackets. Shots on goal tally will include all shots regardless of whether they register a score.
- Umpires**                         There will be one field umpire (AFL to supply) and two goal umpires (clubs to supply). Goal umpires are to record scores, and supply results to ground management upon the completion of each game.

Further information on the rules can be found at <http://www.afl.com.au/aflx>